

Pre marital lesson

MALE AND FEMALE DIFFERENCES

“Marriage is not just finding the right partner but it is also becoming the right mate”.

Building a great marriage requires team work. Though men and women share in the image of God

they are not the same- they are created distinctly male and female. They are different but equal

Genesis 1:27

Recognizing male and female differences can improve your communication and marriage

relationship. It helps to dispel misunderstandings and avoid incorrect expectations.

“Men mistakenly expect women to think, communicate, and react the way men do; women mistakenly expect men to feel, communicate, and respond the way women do. We have forgotten that men and women are supposed to be different. As a result our relationships are filled with unnecessary friction and conflict.

Clearly recognizing and respecting these differences dramatically reduce confusion when dealing with the opposite sex. When you remember that men are from Mars and women are from Venus, everything can be explained."

□ John Gray, *Men Are from Mars, Women Are from Venus*

A. WORLDVIEWS and ROLES

Worldview Roles Jobs

MALE World as a race, war, Racers, warriors, driven to achieve, produce and succeed

Hunting ground providers, protectors

FEMALE World as family, a

Place Of beauty Care –givers, peacemakers Driven to relate, associate and

Cultivate/nurture

B. COMMUNICATIONS

MALE More analytical, logical, athletic, tends to communicate facts towards problem

Solving, mull over info, tends to take messages literally. Sensitive to sight.

FEMALE Tends to communicate feelings to let out emotions and be understood. Think loud,

Discover what to say by talking, tends to use superlatives, generalizations. Sensitive

to touch.

“when a man can listen to woman's feelings without getting angry and frustrated, he gives her a wonderful gift.

He makes it save for her to express herself.

The more she is able to express herself, the more she feels heard and understood, and the more she is able to give a man the loving trust, acceptance, appreciation, admiration, approval, and encouragement that he needs.”

□ John Gray, *Men Are from Mars, Women Are from Venus*

C.EMOTIONAL NEEDS

.....each one of you also must love his wife as he loves himself, and the

wife must respect her husband. **EPHESIANS 5:33**

DOMINANT NEED IN WOMEN

1. Care
2. Understanding
3. Acknowledgement
4. Devotion.
5. Validation
6. Reassurance

DOMINANT NEED IN MEN

1. Trust
2. Acceptance
3. Appreciation
4. Admiration
5. Approval
6. Encouragement

D. HANDLING STRESS

MEN and CAVES - the need to withdraw, the need for independence.

Warning for Wives – leave them alone.

WOMEN and WAVES - women's feelings about themselves and life in general go

Through high and low tides.

Advice for husbands – be there for her

IN CONCLUSION:

1. Different gender differences /traits are not for competition but complement.

" " when men and women are able to respect and accept their differences then love has a chance to blossom " □ John Gray, *Men Are from Mars, Women Are from Venus*

2. WE are interdependent: Behind every great man is a great woman (1 Cor

11:11, 12).Don't minimize the importance of motherhood.

3. Family leadership – God has entrusted to man.

Few important aspects about men and women from the book written by □ John Gray, *Men Are from Mars, Women Are from Venus*

“Men are motivated when they feel needed while women are motivated when they feel cherished.”

□ John Gray, *Men Are from Mars, Women Are from Venus*

“If I seek to fulfill my own needs at the expense of my partner, we are sure to experience unhappiness, resentment, and conflict. The secret of forming a successful relationship is for both partners to win.”

□ John Gray, *Men Are from Mars, Women Are from Venus*